

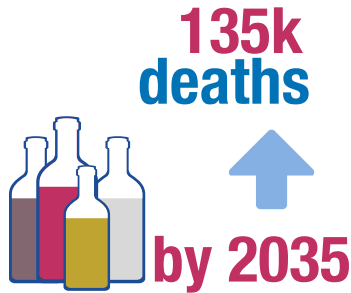


## Alcohol-related Cancers



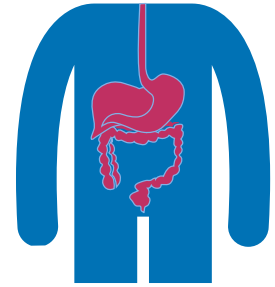
Alcohol is linked to 7 different types of cancer<sup>(1)</sup>

## Cancer Deaths



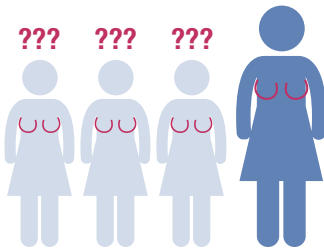
135,000 alcohol-related cancer deaths predicted by 2035<sup>(11)</sup>

## Digestive Cancers



Any alcohol consumption, light, moderate, heavy, increase the risk of digestive cancer<sup>(11)</sup>

## Risk



15 - 44 yo

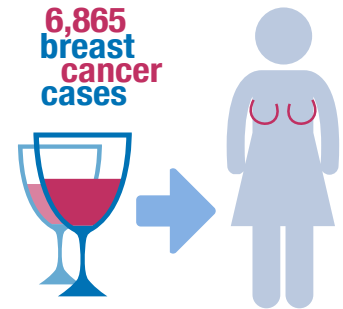
Only about one in four women knows that alcohol is a risk factor for breast cancer<sup>(4)</sup>

## Cause



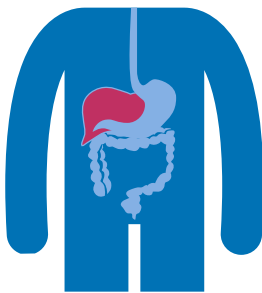
In 2019, within the WHO European Region, about 180,000 cases of cancer and almost 92,000 cancer deaths were caused by alcohol<sup>(3)</sup>

## Consumption



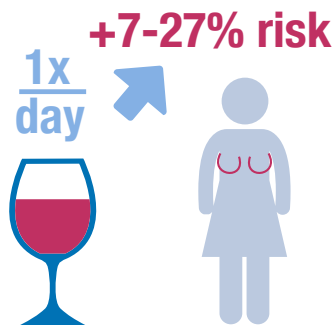
6,865 breast cancer cases  
In 2018, 6,865 breast cancer cases resulted from daily consumption of alcohol equivalent to 1-2 glasses. (25% of the cases)<sup>(3)</sup>

## Liver cancer



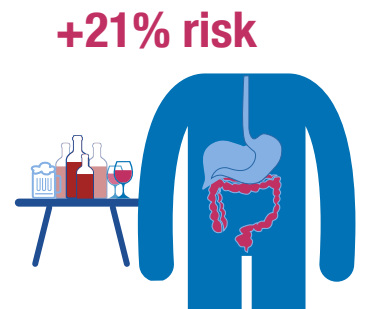
Heavy alcohol consumption is associated with a greater risk of liver cirrhosis and liver cancer<sup>(10)</sup>

## Breast Cancer



Even one drink a day raises breast cancer risk by 7-27%<sup>(4)</sup>

## Colorectal Cancer



The consumption of one alcoholic drink per day increases the risk of colorectal cancer by 21%<sup>(11)</sup>

1. Euro.who.int. 2021. 5000 alcohol-related cancer deaths could be prevented every year by doubling alcohol taxes in the European Region, says WHO/Europe. Available at: <https://www.euro.who.int/en/media-centre/sections/press-releases/2021/5000-alcohol-related-cancer-deaths-could-be-prevented-every-year-by-doubling-alcohol-taxes-in-the-european-region,-says-who/europe> (Accessed 2 November 2021).

2. <https://www.euro.who.int/en/media-centre/sections/press-releases/2021/5000-alcohol-related-cancer-deaths-could-be-prevented-every-year-by-doubling-alcohol-taxes-in-the-european-region,-says-who/europe> (Accessed 2 November 2021).

3. Alcohol And Cancer In The WHO European Region, An Appeal For Better Prevention. (2021). Available at: <https://apps.who.int/iris/bitstream/handle/10665/336595/WHO-EURO-2020-1435-41185-56004-eng.pdf?sequence=1&isAllowed=y> (Accessed 2 November 2021).

4. Nast, C. (2021). Alcohol Is the Breast Cancer Risk No One Wants to Talk About. Available at: <https://www.wired.com/story/alcohol-is-the-breast-cancer-risk-no-one-wants-to-talk-about/> (Accessed 2 November 2021)

10. Hepahealth report (2017). Retrieved 2 November 2021. <https://easl.eu/wp-content/uploads/2018/09/EASL-HEPAHEALTH-Report.pdf>

11. UEG. Alcohol and Digestive Cancers Across Europe: Time for Change (2017). Retrieved 1 November 2021, from <https://ueg.eu/files/352/371bce7dc83817b7893bcdeed13799b5.pdf>